



COVID-19 SAFETY ACKNOWLEDGEMENT

COVID-19 SAFETY INFORMATION:

While participating/volunteering in events held or sponsored by Hands On Heroes, LLC (HOH), consistent with CDC guidelines, participants/volunteers are encouraged to practice hand hygiene, "social distancing" and wear face coverings to reduce the risks of exposure to COVID-19. Because COVID-19 is extremely contagious and is spread mainly from person-to-person contact, HOH recommends preventative measures to reduce the spread of COVID-19. However, HOH cannot guarantee that its clients, volunteers, or others in attendance will not become infected with COVID-19.

In light of the ongoing spread of COVID-19, individuals who fall within any of the categories below should not engage in HOH events. By attending a HOH event, you certify that you do not fall into any of the following categories, and agree to abide by any protocols put in place in an effort to keep all participants and volunteers safe (i.e. mask wearing, social distancing, hand and table hygiene, etc.):

- Individuals who currently or within the past fourteen (10) days have experienced any symptoms associated with COVID-19, which include fever, cough, and shortness of breath among others;
- Individuals who believe that they may have been exposed to a confirmed or suspected case of COVID-19 or have been diagnosed with COVID-19 and are not yet cleared as non-contagious by state or local public health authorities or the health care team responsible for their treatment.

ASSUMPTION OF THE RISK. I acknowledge and understand the following:

- Participation/volunteering includes possible exposure to, and illness from infectious diseases including but not limited to COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist;
- I knowingly and freely assume all such risks related to illness and infectious diseases, such as COVID-19, even if arising from the negligence or fault of the Released Parties; and
- I hereby knowingly assume the risk of injury, harm and loss associated with the Activity, including any injury, harm and loss caused by the negligence, fault or conduct of any kind on the part of the Released Parties.

DUTY TO SELF-MONITOR:

Participants and volunteers agree to self-monitor for signs and symptoms of COVID-19 (symptoms typically include fever, cough, and shortness of breath) and, contact HOH at HandsOnHeroes1@yahoo.com if he/she experiences symptoms of COVID-19 within 10 days after participating or volunteering with HOH.

I HAVE CAREFULLY READ THIS ACKNOWLEDGMENT AND UNDERSTAND IT TO BE PART OF A RELEASE OF ALL CLAIMS AND CAUSES OF ACTION.

Signature

Date